



# THE MUSTARD SEED NURSERY SCHOOL

Dear Mustard Seed Family,

## WELCOME

We would like to welcome all parents and children to The Mustard Seed Nursery School. We trust you all enjoyed a happy, relaxed festive season and are slowly getting back into the just of things as we finish the first month of the year.

We look forward to a happy, productive year as we work together to encourage your child to reach their ultimate potential.

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## Basic information

The children spend a happy and stimulating day in a comfortable and secure environment. We have stunning, 'light-filled' classrooms, an inspiring music studio, a clean and spacious eating area as well as kiddie sized bathrooms attached to each classroom. Our playground is filled with all necessary equipment for the development of the children's gross motor abilities. It is a wonderful space for young children to be able to socialise with one another, take part in activities and develop and mature on an emotional, physical, intellectual and social level. Children take part in creative activities, sand and mud play, water play, dough play, ball skills, movements games, ride bikes, enjoy music rings, story time, acquire a love of books, learn rhymes and songs, dance, dress up, partake in perceptual activities, play outdoors and enjoy daily adventures. These are experiences which will satisfy their natural curiosity to learn and discover new things daily.

### **NO HAT NO PLAY**

Please note because of our sunny South African weather - We have a strict "NO HAT, NO PLAY" policy. Please ensure a hat that fits your child is sent to school every day and is clearly marked with their name on.

## Our staff:



Little Maples - Teacher AMY  
Teacher Prudence  
Teacher Caroline  
Nurse Linkie



Chestnuts - Teacher Jess  
Teacher Ruth



Willows - Teacher Claire  
Teacher Ruth



## Ground Staff:

Johanna and Nartie

### School Hours, Arrival, Collection and Waiting class

You may drop off your child from 07h00, all our teachers are on duty in their classes. If you are going to be late for school due to unforeseen circumstances please inform your class teacher, she can then let Uncle Sim know - and he can keep an eye out by the gate for your arrival.

The **Maple** class end their day at 12h30

The **Chestnuts** class end their day at 12h45

The **Willow** class end their day at 13h00

A waiting class is available until 13h45. Between the time your child ends class to the time waiting class ends/ your child is fetched for half day, there are activities provided, such as free- play, dance sessions, outdoor play, messy play and quiet time in the library. If you would like, you can pack 'extra' snacks - chips / biscuits / sweets ect.. for them to eat during this time. Children not collected by 13h45 will be sent to aftercare and be charged daily rates.

If your child is staying for full day, they will have a nap (please provide a pillow and blanket) when they are awake, they will eat and engage in various activities until they are collected at NO LATER THAN 17H00.

### Intra murals

Our intra mural program is offered during school times. These are activities over and above the normal curriculum. We have commenced with our intra mural program over the past weeks and the children have really engaged well in each intra mural.

- Physical education
- STEAM
- Musical elements
- Stretch and Breath - YOGA

### Extra Murals

Our extra mural program will begin by the 3<sup>rd</sup> week in February. This is an additional charge and is paid directly to the extra mural instructors. They will be doing demos during the next two weeks for each child to try and see if they enjoy the program. A letter will be sent out and it would be at your discretion whether or not you would want your child to participate.

### Baker Baker

Children get the opportunity to be baker - baker on a rotational basis. The chosen baker - baker can bring home-made goods which they have baked with their parents to school.

Each child will bring R5.00 to school to buy the baked goodies from the week's baker - baker. All monies collected throughout the year gets donated to a charity organisation nominated by the school.



### Nutrition

At The Mustard Seed we do our best to encourage your child to eat the meals prepared daily. Most children fall into the routine of mealtime with no trouble. We do not force nor punish children who do not want to eat as we do not want negative associations with mealtimes. Our kitchen cooks fresh, healthy, kid friendly meals covering all major food groups. Our meals are balanced, nutritious, and designed with young pallets in mind. We have a 4- week rotation menu which will be stuck into the diary.



## Feedback

We appreciate ideas and comments; it helps us grow the school to be the best it can be!

At any point, feel free to phone and make an appointment with me or with your child's teacher.

We look forward to a happy and fun memories with your child

*AMY SPIERS*

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Here are a few pictures of your children enjoying their time at The Mustard Seed Nursery School.

